

**Larry Dick** MONITORING COMORBIDITIES EASILY

**Larry Dick has a lot to keep track of.**

He has battled against cancer, undergone a liver transplant and is managing diabetes. So, it is important that his physician keeps a close eye on his health.

To help him do that, Larry's doctor at Cleveland Clinic, enlisted the help of HealthPAL from MedApps. The HealthPAL is a medical communication device that is about the size of a cell phone and just as portable. Without any user intervention it records readings from different types of health monitors and utilizes cellular technology to automatically transmit the collected data to electronic personal health records and care providers.

For Larry, collecting data means obtaining readings from his glucose meter twice a day and once a day from both his weight scale and blood pressure monitor. Originally, he did all of this by manually writing down the readings in a notebook and bringing the information with him to his scheduled doctor appointments.

But that has changed. Larry's HealthPAL is now automatically recording and transmitting the data from his scale and blood pressure monitor. They are both Bluetooth enabled, so he just steps on his scale and takes his blood pressure like he always has – and the information is on its way to his physician. For his glucose meter, Larry links it up to the HealthPAL using a MedApps Smart Cable. The Smart Cable allows many different kinds of monitors that are not Bluetooth enabled to take advantage of the HealthPAL's data collection and transmission capabilities.

"It [HealthPAL] pretty much takes care of itself," Larry said. "I have even taken it on a vacation without missing a beat."

Although the MedApps HealthPAL wasn't Larry's first attempt at automating the data collection and transmission process, it was the solution that worked best for him. The MedApps System allowed Larry to collect and transmit health data without any issues with software updates, downloads, system drivers, connectivity speeds and related issues that he had faced using computer based health monitoring systems.

"With the HealthPAL I was pretty much all set and had everything working in about 15 minutes," Larry said. "This past month MedApps offered a software upgrade for my HealthPAL, and that too took just a few minutes."

Larry was referring to HealthPAL's 'Firmware Over the Air' feature. It enables MedApps to update HealthPAL by simply uploading system software to the units remotely – eliminating the need for equipment to be sent in or technicians to be sent out.

More importantly, HealthPAL helps eliminate the need for frequent visits to the doctor. Larry says he sees his physician about once a year, but he feels very connected.

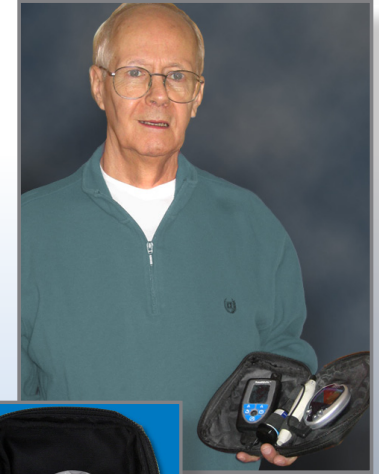
"The HealthPAL is sending my readings to him on a daily basis and in return, he's sending me an e-mail back about once a week commenting on my progress. On a couple of occasions he has made adjustments to my medications after noticing changes in my readings."

It's that level of connectivity that can go a long way in providing a patient with peace of mind. And for a guy who has a lot to keep track of, Larry says for him, "It works very, very well."

**"With the HealthPAL I was pretty much all set up and had everything working in about 15 minutes."**

HealthPAL has enabled Larry Dick to stay more connected with his doctor without frequent in-office visits, sending his readings on a daily basis – all without the hassle of hand-written logs.

Larry also appreciates the simple "hands-off" approach that MedApps has incorporated into the HealthPAL for transmitting his health data.



Larry, shown here with his nephew, has been able to stay active and on top of his health easier than ever with HealthPAL. He even takes it on a vacation and sends his readings to his doctor without missing a beat.

